

One day International Health Promoting Campuses Symposium

Sunday 7th April 2019, 9.30 am – 3.15 pm

Sudima Hotel, Rotorua, New Zealand

- 8.30 *Optional Qigong* Dr Jackie Blunt - *Takitapu Room*
- 9.30 **Powhiri and welcome** Trevor Simpson, Dr Anna Thorpe, Karen Hicks
- 9.45 Brief introductions Dr Anna Thorpe
- 10.00 **One planet campuses and communities: Universities and colleges facing the Anthropocene**
Trevor Hancock, Public Health Physician & retired Professor, School of Public Health and Social Policy, University of Victoria, Canada
- 10.35 **Tying Health Promotion in Higher Education to Regional & Global Agendas**
Dr Gerry Eijkemans, Unit Chief, Health Promotion and Social Determinants of Health, PAHO Pan American Health Organization/WHO World Health Organization, USA
- 11.10 **Whole university leadership for health, wellbeing and sustainability**
Sue Powell, Professor of Public Health, Manchester Metropolitan University, UK & Co-Chair of Healthy Universities UK
- 11.35 Dr Matt Dolf, Director Strategic Support, UBC, Canada & Chair of Canadian Health Promoting Campuses Network (by video link, questions taken by Professor Joan Bottorff, UBC)
- 12.00 *Connecting exercise* (Dr Jackie Blunt)
- 12.10 **LUNCH** - *Okareka Room*
- 12.55 *Meditation exercise* (Dr Jackie Blunt)
- 1.05 **The strategic implementation of health and wellbeing**
- 1.10 **1. Potential lessons from teaching anti-racism in the context of Aotearoa New Zealand**
(Moderator: Dr Anna Thorpe) - *Rotomahana Room*
- Dr Heather Came, Senior Lecturer, Taupua Waiora Centre for Māori Health Research, AUT Auckland University of Technology, & co-chair of STIR: Stop Institutional Racism, Aotearoa NZ
- 1.55 *Integrating indigeneity: A new guide for practice*
Karen Hicks, Professional Teaching Fellow, University of Auckland, Senior Lecturer Health Promotion, Unitec and Dr Anna Thorpe, Health Promoter, Canterbury District Health Board, NZ, joint co-chairs of the TWANZ Tertiary Wellbeing Aotearoa NZ network
- 1.10 **2. Promoting mental health on campus** (Moderator: Dr Jackie Blunt) - *Takitapu Room*
- Creating health promoting campus environments to support relaxation*
Yuqing He, PhD student, Lincoln University, NZ
- 1.40 *Raising Awareness of Mental Health in Higher Education: A working model for teachers*
Josephine NwaAmaka Bardi, Lecturer & Lead for mental health research, University of East London & ESRC PhD student, Nottingham University, UK
- 2.15 **AFTERNOON TEA** - *Okareka Room*
- 2.30 **Panel discussion and Call to Action** (Moderator: Karen Hicks)
- 3.15 Close
- 4.00 **IUHPE opening** - *Energy Event Centre*